

Jordak Elementary & CIS May 2017 Lunch Menu

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What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
 Choice of Vegetable, Choice of Fruit*
 Choice of Grain/Bread,
 and Choice of Milk

*Students must choose at least one fruit or vegetable



This Institution is an equal opportunity provider.

Fresh Fruits and Vegetables Offered Daily

*Vegetables may include:

- Broccoli Florets
- Carrots
- Leafy Green Salads
- Legume Salads
- Celery & Cucumber

*May choose two 1/2 cup servings cup servings

Fresh Produce from Local Farms based on crop availability

*Fruits may include:

- Crisp Apple
- Sliced Peaches
- Mixed Fruit
- Fresh Orange
- Banana
- Pineapple Tidbits
- Diced Pears
- Applesauce

*May choose 1/2 cup serving



Whole Grains Available Daily



Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
 Fat Free White and Low Fat White

Lunch Prices:	Ala Carte Items:	
Paid \$2.55	Extra Entrée \$2.25	Chips \$0.75
Reduced \$3.40	Cookie \$0.40	Ice Cream \$1.00
Adult \$3.40	8oz Water \$0.55	Milk \$0.50

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Pasta with Meat Sauce With a Golden Breadstick Fresh Green Salad Juicy Diced Peaches Choice of Milk	2 Breakfast For Lunch 2 Pancakes With 2 Sausage Links Crisp Potato Rounds Chilled Applesauce Choice of Milk	3 PIZZA PARTY! Homemade STUFFED Crust Cheese or Pepperoni Pizza! Tasty Steamed Carrots Pineapple Tidbits Choice of Milk  Roasted Sweet Potato Salad	4 May The 4th Be With You Darth Hot Dogs Yoda Green Beans Chilled Skywalker Apples Choice of Milk Wookiee Cookie	5 Cinco De Mayo 2 - 6" Soft Beef Taco With Lettuce and Cheese Fiesta Beans Yummy Mandarin Oranges Choice of Milk
8	No Socks Day Italian Dunkers With Marinara Sauce Steamed Broccoli Chilled Fruit Mix Choice of Milk	9 Taco Tuesday! BBQ Pork Sandwich or Nachos Fiesta Beans Juicy Diced Peaches Choice of Milk	10 Chicken and Gravy Over Mashed Potatoes Whole Wheat Biscuit Chilled Applesauce Choice of Milk	11 Creamy Macaroni and Cheese With a Slice of Bread Yummy Green Beans Pineapple Tidbits Choice of Milk	12 PIZZA FRIDAY! Homemade Cheese or Pepperoni Pizza! Tasty Steamed Carrots Juicy Diced Pears Choice of Milk
15	Crispy Chicken Strips With a Dinner Roll Baked Beans Yummy Mandarin Oranges Choice of Milk	16 National Pizza Party Day Create Your Own! Homemade Cheese or Pepperoni Pizza! Fresh Green Salad Chilled Fruit Mix Choice of Milk	17 Grilled Cheese Sandwich Tomato Soup Tasty Steamed Carrots Juicy Diced Peaches Choice of Milk	18 Breakfast For Lunch 3 French Toast Sticks With 2 Sausage Links Crisp Potato Rounds Chilled Applesauce Choice of Milk	19 Lucky Tray Day Swedish Meatballs Over Noodles With a Slice of Bread Yummy Green Beans Pineapple Tidbits Choice of Milk
22	Creamy Macaroni and Cheese With a Slice of Bread Tasty Steamed Carrots Juicy Diced Pears Choice of Milk	23 BBQ Rib Hoagie Yummy Green Beans Sidekicks Choice of Milk	24 Breakfast For Lunch 2 Pancakes With 2 Sausage Links Crisp Potato Rounds Chilled Fruit Mix Choice of Milk	25 PIZZA PARTY! Homemade Cheese or Pepperoni Pizza! Fresh Green Salad Juicy Diced Peaches Choice of Milk Milk	26 COOK OUT!!!! Grilled Hot Dog or Hamburger Baked Beans Watermelon or Apple Crisp Choice of Milk Baked Potato Chips
29	Memorial	30 Schools Out For Summer	31 		
	Monday Second Entrée Option: Mini Corn Dogs	Tuesday Second Entrée Option: Chicken Nuggets w/ Bread Slice	Wednesday Second Entrée Option: Hamburger on a Bun	Thursday Second Entrée Option: Chicken Patty on a Bun	Friday Second Entrée Option: Ham and Cheese Hogie

MENUS SUBJECT TO CHANGE WITH AVAILABILITY