

Cardinal Schools January 2018 Breakfast Menu

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 No School	2 No School	3 No School	4 No School	5 No School
8 Pancake Sausage Wrap 100% Fruit Juice Fresh Fruit Choice of Milk	9 Ham & Cheese on a WG Bagel 100% Fruit Juice Fresh Fruit Choice of Milk	10 WG Mini Waffles 100% Fruit Juice Fresh Fruit Choice of Milk	11 Breakfast Pizza 100% Fruit Juice Fresh Fruit Choice of Milk	12 Homemade Breakfast Ham & Cheese Spiral 100% Fruit Juice Fresh Fruit Choice of Milk
15 No School MLK Day	16 Cinnamon Roll 100% Fruit Juice Fresh Fruit Choice of Milk	17 WG Mini Pancakes 100% Fruit Juice Fresh Fruit Choice of Milk	18 Breakfast with Olaf-JES Sausage & Cheese on a WG English Muffin 100% Fruit Juice Fresh Fruit Choice of Milk	19 Fruit Filled WG Frudel 100% Fruit Juice Fresh Fruit Choice of Milk
22 Pancake Sausage Wrap 100% Fruit Juice Fresh Fruit Choice of Milk	23 Ham & Cheese on a WG Bagel 100% Fruit Juice Fresh Fruit Choice of Milk	24 WG Mini Waffles 100% Fruit Juice Fresh Fruit Choice of Milk	25 Breakfast Pizza 100% Fruit Juice Fresh Fruit Choice of Milk	26 National Blueberry Pancake Day WG Mini Pancakes 100% Fruit Juice Fresh Fruit Choice of Milk CHS-Homemade Blueberry Pancakes
29 Taco Egg Wrap 100% Fruit Juice Fresh Fruit Choice of Milk	30 Cinnamon Roll 100% Fruit Juice Fresh Fruit Choice of Milk	31 WG Mini Pancakes 100% Fruit Juice Fresh Fruit Choice of Milk		

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price. (Students must take at least 1 serving of fruit for a reimbursable meal)

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

Daily Options May Include:

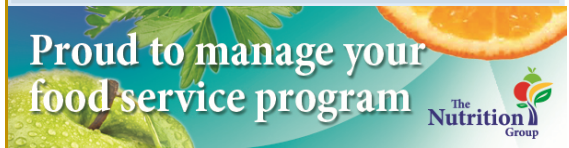
Whole Grain Banana or Zucchini Bread
Vertical Bar
Assorted Cereal or Cereal Bars
Assorted Whole Grain Muffins

Variety of Fresh Fruit, 100% Fruit Juice and Canned Fruits available daily.



Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
Fat Free White and Low Fat White



Meal Prices:
Paid \$1.25
Reduced \$3.30
Adult \$1.75

MENUS SUBJECT TO CHANGE

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE
This Institution is an equal opportunity provider.