

# Cardinal Schools February 2018 Breakfast Menu

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 <b>Breakfast Pizza</b> 100% Fruit Juice Fresh Fruit Choice of Milk	2 <b>Fruit Filled WG Frudel</b> 100% Fruit Juice Fresh Fruit Choice of Milk
5 <b>Taco Egg Wrap</b> 100% Fruit Juice Fresh Fruit Choice of Milk	6 <b>Cinnamon Roll</b> 100% Fruit Juice Fresh Fruit Choice of Milk	7 <b>WG Mini Pancakes</b> 100% Fruit Juice Fresh Fruit Choice of Milk	8 <b>Sausage &amp; Cheese on a WG English Muffin</b> 100% Fruit Juice Fresh Fruit Choice of Milk	9 <b>Homemade Breakfast Ham &amp; Cheese Spiral</b> 100% Fruit Juice Fresh Fruit Choice of Milk
12 <b>Pancake Sausage Wrap</b> 100% Fruit Juice Fresh Fruit Choice of Milk	13 <b>Ham &amp; Cheese on a WG Bagel</b> 100% Fruit Juice Fresh Fruit Choice of Milk	14 <b>WG Mini Waffles</b> 100% Fruit Juice Fresh Fruit Choice of Milk	15 <b>Breakfast Pizza</b> 100% Fruit Juice Fresh Fruit Choice of Milk	16 <b>Fruit Filled WG Frudel</b> 100% Fruit Juice Fresh Fruit Choice of Milk
19 <b>No School Presidents Day</b>	20 <b>WG Mini Pancakes</b> 100% Fruit Juice Fresh Fruit Choice of Milk	21 <b>National Sticky Bun Day</b> <b>Cinnamon Roll</b> 100% Fruit Juice Fresh Fruit Choice of Milk	22 <b>Sausage &amp; Cheese on a WG English Muffin</b> 100% Fruit Juice Fresh Fruit Choice of Milk	23 <b>National Banana Bread Day</b> <b>Banana Bread</b> 100% Fruit Juice Fresh Fruit Choice of Milk
26 <b>Pancake Sausage Wrap</b> 100% Fruit Juice Fresh Fruit Choice of Milk	27 <b>Ham &amp; Cheese on a WG Bagel</b> 100% Fruit Juice Fresh Fruit Choice of Milk	28 <b>WG Mini Waffles</b> 100% Fruit Juice Fresh Fruit Choice of Milk		

## What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price. (Students must take at least 1 serving of fruit for a reimbursable meal)

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

### Daily Options May Include:

Whole Grain Banana or Zucchini Bread  
Vertical Bar  
Assorted Cereal or Cereal Bars  
Assorted Whole Grain Muffins

Variety of Fresh Fruit, 100% Fruit Juice and Canned Fruits available daily.



### Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,  
Fat Free White and Low Fat White

Proud to manage your  
food service program



**Meal Prices:**  
**Paid \$1.25**  
**Reduced \$.30**  
**Adult \$1.75**

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE  
This Institution is an equal opportunity provider.

MENUS SUBJECT TO CHANGE