

Jordak Elementary February 2018 Lunch Menu

Food Service Director: Janis Benton
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What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread,
and Choice of Milk
**Students must choose at least one fruit or vegetable*



This Institution is an equal opportunity provider.

Fresh Fruits and Vegetables Offered Daily



*Vegetables may include:

Broccoli Florets
Carrots
Leafy Green Salads
Legume Salads
Celery & Cucumber

*May choose two 1/2 cup servings cup servings

Fresh Produce from Local Farms based on crop availability

*Fruits may include:
Crisp Apple
Sliced Peaches
Mixed Fruit
Fresh Orange
Banana
Pineapple Tidbits
Diced Pears
Applesauce
*May choose 1/2 cup serving



Whole Grains Available Daily



Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
Fat Free White and Low Fat White

Lunch Prices: Paid \$2.65, Reduced \$4.00, Adult \$3.40
Ala Carte Items: Extra Entrée \$2.25, Chips \$0.75, Cookie \$0.40, Ice Cream \$1.00, 8oz Water \$0.55, Milk \$0.50

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Hot Dog in a Blanket With Cheese Sauce Baked Beans Pineapple Tidbits Choice of Milk	2 PIZZA FRIDAY! Homemade Cheese or Pepperoni Pizza! Steamed Corn Juicy Diced Pears Choice of Milk
5	Italian Dunkers With Marinara Sauce Steamed Broccoli Yummy Mandarin Oranges Choice of Milk	6 Meatball Sub With Cheese S'more Sweet Potato Fries Chilled Fruit Mix Choice of Milk Sweet Treat	7 Popcorn Chicken Bowl With a Slice of Bread Steamed Corn Juicy Diced Peaches Choice of Milk Sweet Pea and Brown Rice Salad	8 Creamy Macaroni and Cheese With a Slice of Bread Yummy Green Beans Chilled Applesauce Choice of Milk	9 National Pizza Day PIZZA FRIDAY! Homemade Cheese or Pepperoni Pizza! Baked Beans Pineapple Tidbits Choice of Milk
12	Breakfast For Lunch 3 French Toast Sticks With 2 Sausage Links Crisp Potato Rounds Juicy Diced Pears Choice of Milk	13 Mardi Gras Creamy Chicken Alfredo With a Slice of Bread Steamed Broccoli Yummy Mandarin Oranges Choice of Milk Sugar Cookie	14 Ash Wednesday Fish Sticks With a Slice of Bread Baked Beans Chilled Fruit Mix Choice of Milk Valentines Day Cookie	15 Salisbury Steak With a Dinner Roll Tasty Steamed Carrots Juicy Diced Peaches Choice of Milk Lucky Tray Day	16 PIZZA FRIDAY! Homemade Cheese or Pepperoni Pizza! Yummy Green Beans Chilled Applesauce Choice of Milk
19	No School Presidents Day	20 Taco Tuesday! Walking Taco Fiesta Beans Juicy Diced Pears Choice of Milk Sweet Treat	21 Creamy Macaroni and Cheese With a Slice of Bread Stewed Tomatoes Yummy Mandarin Oranges Choice of Milk	22 National Chili Day Chili Cheese Bowl With Tortilla Chips Steamed Corn Chilled Fruit Mix Choice of Milk	23 PIZZA FRIDAY! Homemade Cheese or Pepperoni Pizza! Steamed Broccoli Juicy Diced Peaches Choice of Milk
26	Mini Corn Dogs Baked Beans Chilled Applesauce Choice of Milk	27 Spaghetti with Meatballs With a Cake Pop Fresh Green Salad Pineapple Tidbits Choice of Milk	28 Grilled Cheese Sandwich Tomato Soup Tasty Steamed Carrots Juicy Diced Pears Choice of Milk	MENUS SUBJECT TO CHANGE	
	Monday Second Entrée Option: Chicken Nuggets With a Slice of Bread	Tuesday Second Entrée Option: Ham and Cheese Munchable	Wednesday Second Entrée Option: Breaded Chicken Patty on a Bun	Thursday Second Entrée Option: Nacho Munchable	Friday Second Entrée Option: Hamburger/Cheeseburger On Bun