

Dear Friends,

It is that time of year, our young athletes are planning to get their physicals before they start their seasonal sports. UH is excited about the opportunity to team up with Cardinal to ensure that each student has a safe, successful season. The UH primary care physicians have graciously offered dedicated time to perform a comprehensive evaluation. The evaluation often includes reviewing their medical history, social history, discuss any health issues, and if necessary referring the student to a Specialist. In addition, we are working to establish a relationship so they are comfortable talking with us about potentially difficult health topics that teens often face.

We are recommending that you contact your primary care provider to schedule their annual well child check-up. Upon completion of the exam, the sports physical form will be completed. We are providing a list of doctors in the area who have agreed to evaluate any student who is unable to obtain an appointment with their doctor, or who is not already established with a doctor. Some students may have already had a recent physical, and the health care provider may be willing to fill out the form without an additional visit. The majority of insurance companies cover well child check-ups. We do realize that there will be some children who do not have insurance, or whose insurance plan does not cover well child check-ups. For these students, we are willing to hold a free sports physical clinic at the hospital.

If you have any difficulty getting an appointment or there are any concerns or confusion, Dr. Williams-Reid will be happy to address those. You can email her at: Jennifer.Williams-Reid@UHhospitals.org. Please use this email address only if you have issues after contacting your child's doctor or one of the doctor's on the attached list.

Thank you for the opportunity to help care for your children and support the Cardinal athletic programs.

Sincerely,

UH Geauga Primary Care Physicians and Sports Institute