

YLP

Youth Led Prevention

PARENT NOTIFICATION

Students from Cardinal Middle School have created a student leadership group that is part of a Youth Led movement throughout Ohio. These students are working through an evidence based strategic planning process to create positive change in the school and community. Each day students are facing more stress, not taking care of themselves, and are dealing with poor mental health. The leadership team is working to create awareness of the stigma of mental health, educate students on positive coping skills for stress, and stress management.

The youth leaders are asking for all students in the school to participate in a confidential and voluntary survey to better understand the concerns at hand. Empowering their peers to share their voice and be part of the school wide change will only increase student involvement and willingness to create this change!

The program is part of a county wide, multi-year initiative to create school and community level change. The adult allies guiding this process have gone through an extensive multi-year training with Prevention Action Alliance, Ohio Department of Mental Health and Addiction Services, and The Voinovich School of Leadership and Public Affairs at Ohio University.

The program is sponsored by the Geauga Youth Led Prevention of the Geauga County Board of Education.

Please contact your principal, Mr. Cardinal at (440) 632-0261 ext. 4002, if you have any questions, would like further information or if you do *not* wish for your child to participate. The survey will be given the week of January 14, 2019.

More information can be found at www.geaugaesc.org/programs or at gpsempowered.com

Thank you for your support and participation!